Your two-dress fitting sheet

Try the same movement in both dresses. Write down where you felt a pull, what you adjusted and which movement you want to try again.

Tap a box to type and save your copy, or print this page and bring a pen.

Try in both	Dress A	Dress B
Name or style Give it a nickname.		
Sit for dinner Lean forward.		
Walk and turn Try your usual stride.		
Hug or dance Lift your arms.		
My own movement Think of your venue.		

One question to settle before I choose

Watch Nayri demonstrate the chair test on YouTube

For a paper copy: youtu.be/QMP7fE_JdIE